



Resident Spotlight - Judy

Judy is one of our newer residents at Sweetbriar, and we are so happy to have her with us. She was born and raised in Hermiston, Oregon and worked as a secretary and bookkeeper for many years. Judy participates in our Bible study groups, and you might even see her at Bingo with some special visitors. We adore Judy. Please say hello to welcome her to our community.



Team Member Spotlight - Charlie

Charlie is our Dining Services Director, and he is loving his time at Sweetbriar. He loves to garden and go hiking and camping. His favorite football team is the Chicago Bears. He graduated from culinary school in 2021. He has two cats named Oliver and Willow. We are so glad to have him on our team.

The Month In Moments: Smiles, Celebrations, & Connections Shared!



A Fresh Look, More Connection!

You may notice a fresh look to our newsletter and calendar this month! We've introduced TSO Life, a new tool to support our Life Enrichment program and strengthen communication with residents and families. As our team learns the technology and gradually incorporates it into our planning, our focus remains on meaningful experiences, personal connections, and keeping you informed. We'll share more information and resources over the coming months. Thank you for your patience as we learn and make thoughtful updates along the way!



Birthday Celebrations!

Residents

- Carole, November 5th
- Gracie, November 12th
- Anna, November 10th
- Judy, November 17th

Team Members

- Mariah, November 4th
- Breana, November 4th
- Aubrey, November 24th
- Kelsey, November 30th

Anniversaries

- Ariel, 4 Years
- Megan, 2 Years



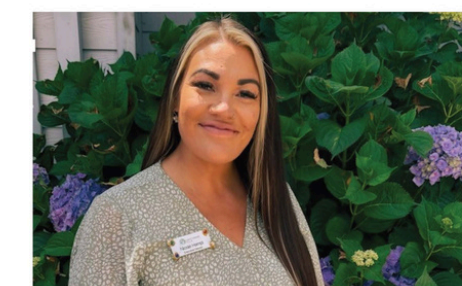
Join Us This November!

October was a great month filled with Bingo, fall festivities, and many smiles. Our Harvest Carnival was a big success, and we are grateful for all who came out to celebrate with us.

In November, we are looking forward to Thanksgiving and many other events, including a performance by the Cascade Kids; a Camping Tea Party; and a Red, White and Blue Social to celebrate Veterans Day.



Monthly Message



As we welcome November and the season of gratitude, I am reminded of how much we have to be thankful for here at Sweetbriar Villa. Each of you brings something to our community, and together,

we create a home filled with kindness, connection, and love. As Thanksgiving approaches and we sit around the table with our loved ones, may we take a moment to appreciate the love that surrounds us, the memories we hold dear, and the connections that bring us together. Here at Sweetbriar Villa, I am so thankful for the community we share and the privilege to serve as your Executive Director.

• Nicole Hampl

November 2026

Sweetbriar Villa
ASSISTED CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ariel's 4-year Anniversary ● 10:00 AM Spiritual Hymns (LR) ● 11:00 AM Spa Hour (DR) ● 1:00 PM Arts and Crafts (DR) ● 2:00 PM Game Time (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 01	● 9:30 AM Morning Music (LR) ● 10:30 AM Bible Study (LR) ● 1:00 PM Therapeutic Coloring (DR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 02	● 9:30 AM Puzzles and Coffee (DR) ● 10:30 AM Painting (DR) ● 1:00 PM Chair Dancing (DR) ● 2:00 PM Trivia (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 03	Breana's Birthday Mariah's Birthday ● 9:30 AM Coffee Social (DR) ● 10:00 AM Winco Outing (CO) ● 1:00 PM Game Time (DR) ● 2:00 PM Noodle Fitness (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 04	● 9:30 AM Puzzles and Coffee (DR) ● 10:30 AM Painting (DR) ● 1:00 PM Chair Dancing (DR) ● 2:00 PM Card Games (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 05	● 9:30 AM Virtual Church (LR) ● 10:30 AM Sizzler Outing (CO) ● 1:00 PM Therapeutic Coloring (DR) ● 2:00 PM Noodle Fitness (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 06	● 10:00 AM Coffee Social (DR) ● 11:00 AM Move and Groove (DR) ● 1:00 PM Beading (DR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 07
● 10:00 AM Spiritual Hymns (LR) ● 11:00 AM Spa Hour (DR) ● 1:00 PM Arts and Crafts (DR) ● 2:00 PM Game Time (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 08	● 9:30 AM Morning Music (LR) ● 10:30 AM Bible Study (LR) ● 1:00 PM Resident Council (DR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 09	Anna's Birthday ● 9:30 AM Puzzles and Coffee (DR) ● 10:30 AM Painting (DR) ● 1:00 PM Chair Dancing (DR) ● 2:00 PM Travel Hour (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 10	Veterans Day ● 9:30 AM Coffee Social (DR) ● 10:00 AM Thrift Store Outing (CO) ● 1:00 PM Game Time (DR) ● 2:00 PM Red, White and Blue Social (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 11	Gracie's Birthday ● 9:30 AM Puzzles and Coffee (DR) ● 10:30 AM Painting (DR) ● 1:00 PM Chair Dancing (DR) ● 2:00 PM Card Games (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 12	● 9:30 AM Virtual Church (LR) ● 10:00 AM Documentary Hour (LR) ● 1:00 PM Therapeutic Coloring (DR) ● 2:00 PM Noodle Fitness (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 13	● 10:00 AM Coffee Social (DR) ● 11:00 AM Move and Groove (DR) ● 1:00 PM Beading (DR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 14
● 10:00 AM Spiritual Hymns (LR) ● 11:00 AM Spa Hour (DR) ● 1:00 PM Arts and Crafts (DR) ● 2:00 PM Game Time (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 15	● 9:30 AM Morning Music (LR) ● 10:30 AM Bible Study (LR) ● 1:00 PM Therapeutic Coloring (DR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 16	Judy's Birthday ● 9:30 AM Puzzles and Coffee (DR) ● 10:30 AM Painting (DR) ● 1:00 PM Chair Dancing (DR) ● 2:00 PM Trivia (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 17	Mickey Mouse's Birthday ● 9:30 AM Coffee Social (DR) ● 10:00 AM Bi-Mart Outing (CO) 12:00 PM Resident Birthday Party ● 1:00 PM Game Time (DR) ● 2:00 PM Disney Movie Matinee (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 18	Camping Day ● 9:30 AM Puzzles and Coffee (DR) ● 10:30 AM Painting (DR) ● 1:00 PM Chair Dancing (DR) 2:00 PM Camping Tea Party (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 19	● 9:30 AM Virtual Church (LR) ● 10:00 AM Scenic Drive (CO) ● 1:00 PM Therapeutic Coloring (DR) ● 2:00 PM Noodle Fitness (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 20	● 10:00 AM Coffee Social (DR) ● 11:00 AM Move and Groove (DR) ● 1:00 PM Beading (DR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 21
● 10:00 AM Spiritual Hymns (LR) ● 11:00 AM Spa Hour (DR) ● 1:00 PM Arts and Crafts (DR) ● 2:00 PM Game Time (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 22	● 9:30 AM Morning Music (LR) ● 10:00 AM Target Outing (CO) ● 10:30 AM Bible Study (LR) ● 1:00 PM Therapeutic Coloring (DR) ● 2:30 PM Cascade Kids (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 23	Aubrey's Birthday ● 9:30 AM Puzzles and Coffee (DR) ● 10:30 AM Painting (DR) ● 1:00 PM Chair Dancing (DR) ● 2:00 PM Travel Hour (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 24	● 9:30 AM Coffee Social (DR) ● 10:00 AM Music Hour (LR) ● 1:00 PM Game Time (DR) ● 2:00 PM Noodle Fitness (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 25	Thanksgiving Day ● 9:00 AM Gratitude Social (DR) ● 10:00 AM Turkey Craft (DR) ● 11:00 AM Macy's Parade (LR) 12:00 PM Thanksgiving Dinner (DR) ● 2:00 PM Movie Matinee (LR) ● 4:00 PM Hangman (DR) 26	● 9:30 AM Virtual Church (LR) ● 10:00 AM Documentary Hour (LR) ● 1:00 PM Therapeutic Coloring (DR) ● 2:00 PM Whisk Wonders (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) 27	● 10:00 AM Coffee Social (DR) ● 11:00 AM Move and Groove (DR) ● 1:00 PM Beading (DR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 28
● 10:00 AM Spiritual Hymns (LR) ● 11:00 AM Spa Hour (DR) ● 1:00 PM Arts and Crafts (DR) ● 2:00 PM Game Time (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hangman (DR) 29	Mason Jar Day Kelsey's Birthday ● 9:30 AM Morning Music (LR) ● 10:30 AM Bible Study (LR) ● 1:00 PM Mason Jar Craft (DR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 3:15 PM Bingo Prize Day (DR) ● 4:00 PM Wordle (DR) 30	<u>Locations</u> Living room (LR) Dining room (DR) Community Outing (CO)	<u>Dimensions</u> ● Spiritual Wellness ● Emotional Wellness ● Intellectual / Cognitive Wellness ● Social Wellness ● Physical Wellness ● Environmental Wellness			

* Activities are subject to change

November 2026

Sweetbriar Villa
MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ariel's 4-year Anniversary 01 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Puzzle Hour (DR) ● 11:00 AM Spiritual Hymns (LR) ● 1:00 PM Arts and Crafts (DR) ● 2:00 PM Balloon Ball (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	02 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Hand Massages (LR) ● 11:00 AM Game Time (DR) ● 1:00 PM Towel Folding (DR) ● 2:00 PM Music Hour (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	03 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Pedicures (LR) ● 11:00 AM Reading Group (LR) ● 1:00 PM Therapeutic Coloring (LR) ● 2:00 PM Movie Matinee (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)	04 Mariah's Birthday ● 7:30 AM Coffee Social (DR) ● 9:00 AM Music and Movement (LR) ● 10:00 AM Winco Outing (CO) ● 11:00 AM Sensory Group (DR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	05 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Game Time (DR) ● 11:00 AM Beauty Hour (DR) ● 1:00 PM Aqua Paint (DR) ● 2:00 PM Movie Matinee (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)	06 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Documentary Hour (LR) ● 10:30 AM Sizzler Outing (CO) ● 11:00 AM Therapeutic Coloring (DR) ● 1:00 PM Music Hour (LR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	07 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Manicures (DR) ● 11:00 AM Chair Stretching (LR) ● 1:00 PM Silly Jokes (LR) ● 2:00 PM Movie Matinee (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)
08 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Puzzle Hour (DR) ● 11:00 AM Spiritual Hymns (LR) ● 1:00 PM Arts and Crafts (DR) ● 2:00 PM Balloon Ball (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	09 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Hand Massages (LR) ● 11:00 AM Game Time (DR) ● 1:00 PM Towel Folding (DR) ● 2:00 PM Music Hour (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	10 Anna's Birthday ● 7:30 AM Coffee Social (DR) ● 9:00 AM Pedicures (LR) ● 11:00 AM Reading Group (LR) ● 2:00 PM Movie Matinee (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)	11 Veterans Day ● 7:30 AM Coffee Social (DR) ● 9:00 AM Music and Movement (LR) ● 11:00 AM Sensory Group (DR) ● 2:00 PM Red, White and Blue Social (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	12 Gracie's Birthday ● 7:30 AM Coffee Social (DR) ● 9:00 AM Game Time (DR) ● 11:00 AM Beauty Hour (DR) ● 1:00 PM Aqua Paint (DR) ● 2:00 PM Movie Matinee (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)	13 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Documentary Hour (LR) ● 11:00 AM Therapeutic Coloring (DR) ● 1:00 PM Music Hour (LR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	14 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Manicures (DR) ● 11:00 AM Chair Stretching (LR) ● 1:00 PM Silly Jokes (LR) ● 2:00 PM Movie Matinee (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)
15 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Puzzle Hour (DR) ● 11:00 AM Spiritual Hymns (LR) ● 1:00 PM Arts and Crafts (DR) ● 2:00 PM Balloon Ball (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	16 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Hand Massages (LR) ● 11:00 AM Game Time (DR) ● 1:00 PM Towel Folding (DR) ● 2:00 PM Music Hour (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	17 Judy's Birthday ● 7:30 AM Coffee Social (DR) ● 9:00 AM Pedicures (LR) ● 11:00 AM Reading Group (LR) ● 2:00 PM Movie Matinee (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)	18 Mickey Mouse's Birthday ● 7:30 AM Coffee Social (DR) ● 9:00 AM Music and Movement (LR) ● 10:00 AM BI-Mart Outing (CO) ● 11:00 AM Sensory Group (DR) ● 12:00 PM Resident Birthday Party ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	19 Camping Day ● 7:30 AM Coffee Social (DR) ● 9:00 AM Game Time (DR) ● 11:00 AM Beauty Hour (DR) ● 1:00 PM Aqua Paint (DR) ● 2:00 PM Camping Tea Party (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)	20 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Documentary Hour (LR) ● 10:00 AM Scenic Drive (CO) ● 11:00 AM Therapeutic Coloring (DR) ● 1:00 PM Music Hour (LR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	21 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Manicures (DR) ● 11:00 AM Chair Stretching (LR) ● 1:00 PM Silly Jokes (LR) ● 2:00 PM Movie Matinee (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)
22 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Puzzle Hour (DR) ● 11:00 AM Spiritual Hymns (LR) ● 1:00 PM Arts and Crafts (DR) ● 2:00 PM Balloon Ball (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	23 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Hand Massages (LR) ● 11:00 AM Game Time (DR) ● 1:00 PM Towel Folding (DR) ● 2:30 PM Cascade Kids (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	24 Aubrey's Birthday ● 7:30 AM Coffee Social (DR) ● 9:00 AM Pedicures (LR) ● 11:00 AM Reading Group (LR) ● 1:00 PM Therapeutic Coloring (LR) ● 2:00 PM Movie Matinee (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)	25 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Music and Movement (LR) ● 11:00 AM Sensory Group (DR) ● 1:00 PM Music Hour (LR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	26 Thanksgiving Day ● 7:30 AM Coffee Social (DR) ● 9:00 AM Game Time (DR) ● 10:00 AM Turkey Craft (DR) ● 11:00 AM Macy's Parade (LR) ● 12:00 PM Thanksgiving Dinner (DR) ● 2:00 PM Movie Matinee (LR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)	27 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Documentary Hour (LR) ● 11:00 AM Therapeutic Coloring (DR) ● 1:00 PM Music Hour (LR) ● 2:00 PM Whisk Wonders (DR) ● 2:00 PM Balloon Volleyball (DR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	28 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Manicures (DR) ● 11:00 AM Chair Stretching (LR) ● 1:00 PM Silly Jokes (LR) ● 2:00 PM Movie Matinee (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Hand Massages (LR) ● 6:00 PM Sensory Buckets (DR)
29 ● 7:30 AM Coffee Social (DR) ● 9:00 AM Puzzle Hour (DR) ● 11:00 AM Spiritual Hymns (LR) ● 1:00 PM Arts and Crafts (DR) ● 2:00 PM Balloon Ball (LR) ● 3:00 PM Bingo (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	30 Mason Jar Day Kelsey's Birthday ● 7:30 AM Coffee Social (DR) ● 9:00 AM Hand Massages (LR) ● 11:00 AM Game Time (DR) ● 1:00 PM Mason Jar Craft (DR) ● 2:00 PM Music Hour (LR) ● 3:00 PM Bingo (DR) ● 3:15 PM Bingo Prize Day (DR) ● 4:00 PM Wordle (DR) ● 6:00 PM Movie Matinee (LR)	Locations Dining room (DR) Living room (LR) Community Outing (CO)	Dimensions ● Social Wellness ● Intellectual / Cognitive Wellness ● Spiritual Wellness ● Emotional Wellness ● Physical Wellness			

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