

Resident Spotlight



Carole

An avid lover of the outdoors and exploration, Carole’s passions include golf, travel, nature, and photography. She is also an enthusiastic sports fan who loves cheering on her favorite teams on TV, especially the Boston Red Sox. Closer to home, Carole thrives on staying active and connected; she likes playing Scrabble, solving puzzles, going on walks, enjoying group games and socializing with friends.

Team Member Spotlight



Kelsey, Life Enrichment Director

Please join us in welcoming Kelsey, our new Life Enrichment Director! She recently moved to Springfield from Mesa, Arizona, and is excited to get to know the Sweetbriar Villa community. Kelsey loves planning activities and creating opportunities for people to connect, have fun, and try something new. When she’s not working, she enjoys baking, dancing, and reading a good book!



Our residents had an absolute blast celebrating summer this past month!

Pictured here: Anna kicking up her heels at our Barnyard Party, Laralee showing off her creativity during rock painting, and Donna catching up on some Tech Time with our Management Team



A Note from the Executive Director



Nicole Hampl, Executive Director

Greetings Everyone,
Can you believe that autumn has officially arrived? September is a wonderful month of transition in our community, marked by the welcome arrival of crisp morning air, a hint of changing leaves, and a renewed sense of focus as we settle into the fall season. We hope to see you all this month for our Annual Labor Day BBQ and National Grandparents’ Day!

My door is always open if you have any questions, feedback, or simply want to chat over a hot cup of apple cider. Thank you for choosing to be a part of our family and for making our community such a warm, wonderful place to live and work.

Warm Regards,
Nicole Hampl



HAPPY Birthday

Residents

- Laura, September 7

Team

- Madison, September 12
- Kandice, September 21
- Jamie, September 21

SEPTEMBER 2026

Sweetbriar Villa

Assisted Care

6135 'E' Street, Springfield, OR 97478

541-225-0200

SUN	MON	TUE	WED	THU	FRI	SAT
		1 9:30 Puzzles & Coffee 10:30 Therapeutic Coloring 1:00 Chair Dancing 2:00 Wheelchair Clinic / Food Chat with DSD Charlie 3:00 Candy Bingo 4:30 Fresh Hands	2 9:30 Coffee Social 10:00 Shopping Trip 1:00 Fall Craft 2:00 Noodle Fitness 3:00 Bingo 4:30 Fresh Hands	3 9:30 Puzzles & Coffee 10:30 Music & Reminiscence 1:00 Chair Dancing 2:00 Wheelchair Clinic 3:00 Candy Bingo 4:30 Fresh Hands	4 Wildlife Day! 9:30 Virtual Church 10:30 Teresa's Salon 1:00 Therapeutic Coloring 2:00 Walking Outside 3:00 Bingo 4:30 Fresh Hands Wear Your Favorite Animal Print!	5 10:00 Coffee Social 11:00 Move & Groove 1:00 Beading 2:00 Balloon Ball 3:00 Bingo 4:00 Fresh Hands
	6 10:00 Coffee Social 11:00 Spa Hour 1:00 Arts & Crafts 2:00 Game Time 3:00 Bingo 4:00 Fresh Hands	7 Labor Day 9:30 Music With Phil 10:30 Bible Study 12:00 Labor Day BBQ 2:00 Sunshine Social 3:00 Bingo 4:30 Fresh Hands Happy Birthday Laura!	8 9:30 Puzzles & Coffee 10:30 Therapeutic Coloring 1:00 Chair Dancing 2:00 Wheelchair Clinic / Maintenance with Mike 3:00 Candy Bingo 4:30 Fresh Hands	9 9:30 Coffee Social 10:00 Scenic Drive 1:00 Game Time 2:00 Noodle Fitness 3:00 Bingo 4:30 Fresh Hands	10 9:30 Puzzles & Coffee 10:30 Music & Reminiscence 1:00 Chair Dancing 2:00 Wheelchair Clinic 3:00 Candy Bingo 4:30 Fresh Hands	11 9:30 Virtual Church 10:30 Teresa's Salon 1:00 Therapeutic Coloring 2:00 Walking Outside 3:00 Bingo 4:30 Fresh Hands
13 Grandparents' Day 10:00 Coffee Social 11:00 Spa Hour 1:00 Decade Collage 2:00 Happy Hour 3:00 Bingo 4:00 Fresh Hands It's National Assisted Living Week!	14 9:30 Music With Phil 10:30 Bible Study 1:00 Resident Council 2:00 Happy Hour 3:00 Bingo 4:30 Fresh Hands	15 9:30 Puzzles & Coffee 10:30 Therapeutic Coloring 1:00 Chair Dancing 2:00 Happy Hour 3:00 Candy Bingo 4:30 Fresh Hands	16 Guacamole Day 9:30 Coffee Social 10:00 Shopping Trip 1:00 Fall Craft 2:00 Happy Hour 3:00 (Guacamole) Bingo 4:30 Fresh Hands	17 Country Music Day 9:30 Puzzles & Coffee 10:30 Music & Reminiscence 1:00 Chair Dancing 2:00 Happy Hour 3:00 Candy Bingo 4:30 Fresh Hands	18 9:30 Virtual Church 10:30 Teresa's Salon 1:00 Therapeutic Coloring 2:00 Happy Hour 3:00 Bingo 4:30 Fresh Hands	19 10:00 Coffee Social 11:00 Move & Groove 1:00 Beading 2:00 Happy Hour 3:00 Bingo 4:00 Fresh Hands Autumn's 3 Year Anniversary!
20 10:00 Coffee Social 11:00 Spa Hour 1:00 Arts & Crafts 2:00 Game Time 3:00 Bingo 4:00 Fresh Hands	21 9:30 Music With Phil 10:30 Bible Study 12:00 Resident Birthday Party 2:00 Sunshine Social 3:00 Bingo 4:30 Fresh Hands Happy Birthday Kandice! Happy Birthday Jamie!	22 9:30 Puzzles & Coffee 10:30 Therapeutic Coloring 1:00 Chair Dancing 2:00 Mr E Performance 3:00 Candy Bingo 4:30 Fresh Hands Kristen's 1 Year Anniversary!	23 9:30 Coffee Social 10:00 Scenic Drive 1:00 Game Time 2:00 Noodle Fitness 3:00 Bingo 4:30 Fresh Hands	24 9:30 Puzzles & Coffee 10:30 Music & Reminiscence 1:00 Chair Dancing 2:00 Wheelchair Clinic 3:00 Candy Bingo 4:30 Fresh Hands	25 9:30 Virtual Church 10:30 Teresa's Salon 11:30 Picnic by the River 1:00 Therapeutic Coloring 2:00 Whisk Wonders 3:00 Bingo 4:30 Fresh Hands	26 10:00 Coffee Social 11:00 Move & Groove 1:00 Beading 2:00 Balloon Ball 3:00 Bingo 4:00 Fresh Hands
27 10:00 Coffee Social 11:00 Spa Hour 1:00 Arts & Crafts 2:00 Game Time 3:00 Bingo 4:00 Fresh Hands	28 9:30 Music With Phil 10:30 Bible Study 1:00 Manicures 2:00 Touchdown Tea Party 3:00 Bingo 4:30 Fresh Hands	29 9:30 Puzzles & Coffee 10:30 Therapeutic Coloring 1:00 Chair Dancing 2:00 Wheelchair Clinic / Wellness Hour 3:00 Candy Bingo 4:30 Fresh Hands	30 9:30 Coffee Social 10:00 Shopping Trip 1:00 Hot Cocoa Bar 2:00 Decorate For Fall 3:00 Bingo 4:30 Fresh Hands			



SWETBRIAR VILLA

September 2026

upcoming events

Labor Day BBQ
9/7
12 PM

Mr. E Performance
9/22
2 PM

Touchdown Tea Party
9/28
2 PM

Picnic by the River
9/25
11:30 AM



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• 6135 'E' Street, Springfield, OR 97478

• 541-225-0200

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		1	2 7:30 Coffee Social 9:00 Pedicures 11:00 Sensory Group 1:00 Spiritual Hymns 2:00 Move & Groove 3:00 Bingo (AL) 4:00 Fresh Hands 6:00 Movie Matinee	3 7:30 Coffee Social 9:00 Game Time 11:00 Beauty Hour 1:00 Music & Reminiscence 2:00 Chair Dancing 3:00 Bingo (AL) 4:00 Fresh Hands 6:00 Movie Matinee	4 Animal Print Day 7:30 Coffee Social 9:00 Teresa's Salon 11:00 Therapeutic Coloring 1:00 Rock Painting 2:00 Balloon Ball 3:00 Bingo (AL) 4:00 Fresh Hands 6:00 Movie Matinee	5 7:30 Coffee Social 9:00 Manicures 11:00 Chair Yoga 1:00 Silly Jokes 2:00 Color Matching 3:00 Bingo (AL) 4:00 Fresh Hands 6:00 Movie Matinee
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