

Resident Spotlight



Cheryl

Cheryl was a homemaker for many years, and her caring nature shines through today. She is always helping around the community and enjoys spending time with her husband, Jesse. Cheryl loves reading, listening to music, and joining in on parties and social events. Her kind and helpful spirit makes her a valued member of our community.

Team Member Spotlight



Molly, Business Office Director

Molly’s birthday is Valentine’s Day. She spends her time raising her mini me. She loves music, karaoke, and all things self care. She is not only a Director, but she also owns her own business. Her favorite season is summer because of baseball games, fishing, markets and beach days. Molly will never turn down an ice cold Dr. Pepper or a Wetzel's Pretzel!



Whether we're working on a puzzle, getting creative with crafts, or enjoying a friendly game, there's never a dull moment here. Some activities are peaceful, some are energetic, but one thing always stays the same, we're together, sharing laughs, making memories, and having fun!



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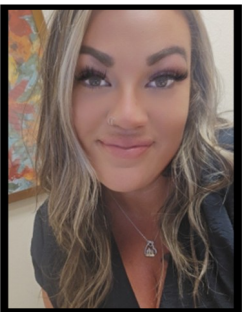
July 2026

Sweetbriar Villa Bulletin

Assisted & Memory Care | 6135 E Street | Springfield, OR 97478 | 541-225-0200



A Note from the Executive Director



Nicole Hampl, Executive Director

Greetings Everyone,

As we welcome the month of July, I want to take a moment to express my gratitude for the trust you place in our community each day. Summer brings opportunities for connections, celebration, and creating meaningful moments together.

Our commitment remains focused on providing a safe, engaging, and compassionate environment. This month, we look forward to seasonal activities, outdoor gatherings, family visits, and opportunities to strengthen the relationships that make our community feel like home. We encourage families to continue sharing feedback, ideas, and special interests that help us enhance the residents experience. As we celebrate Independence Day and the spirit of community throughout July, we wish everyone a month filled with joy, laughter, and cherished memories.

Thank you for being an important part of our community.

Nicole Hampl
Executive Director

HAPPY Birthday

Residents

- Carole, July 4th
- Margy, July 9th
- Jack, July 30th
- Emily, July 30th

Staff

- Autumn, July 9th
- Deanna, July 15th
- Ashley, July 29th

JULY 2026

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SUN	MON	TUE	WED	THU	FRI	SAT
			1 Zoo Day 10:00 Coffee Social 11:00 Manicures 1:00 Animal Jeopardy 2:00 Noodle Fitness 3:00 Bingo 4:30 Fresh Hands	2 10:00 Puzzles & Coffee 11:00 Music & Reminiscence 1:00 Garden Club 2:00 Resident Birthday Party 3:00 Candy Bingo 4:00 Wordle 4:30 Fresh Hands	3 10:00 Virtual Church 11:00 Teresa's Salon 1:00 Therapeutic Coloring 2:00 Walking Outside 3:00 Bingo 4:30 Fresh Hands	4 Independence Day Happy Birthday Carole! 10:00 Coffee Social 11:00 Move & Groove 12:00 Stars, Stripes, & Mics 1:00 BBQ 2:00 Balloon Ball 3:00 Bingo 4:00 Fresh Hands
5 10:00 Coffee Social 11:00 Spa Hour 1:00 Arts & Crafts 2:00 Game Time 3:00 Bingo 4:00 Fresh Hands	6 9:30 Music With Phil 10:30 Bible Study 1:00 Resident Council 2:00 Sunshine & Smiles 3:00 Bingo 4:30 Fresh Hands	7 10:00 Puzzles & Coffee 11:00 Therapeutic Coloring 1:00 Garden Club 2:00 Wheelchair Clinic 3:00 Candy Bingo 4:00 Wordle 4:30 Fresh Hands	8 10:00 Coffee Social 11:00 Manicures 1:00 Game Time 2:00 Noodle Fitness 3:00 Bingo 4:30 Fresh Hands	9 Happy Birthday Margy & Autumn! 10:00 Puzzles & Coffee 11:00 Music & Reminiscence 1:00 Garden Club 2:00 Wheelchair Clinic 3:00 Candy Bingo 4:00 Wordle 4:30 Fresh Hands	10 10:00 Virtual Church 11:00 Therapeutic Coloring 1:00 American Summer 2:00 Soiree 3:00 Bingo 4:30 Fresh Hands	11 10:00 Coffee Social 11:00 Move & Groove 1:00 Arts & Crafts 2:00 Balloon Ball 3:00 Bingo 4:00 Fresh Hands
12 10:00 Coffee Social 11:00 Spa Hour 1:00 Beading 2:00 Game Time 3:00 Bingo 4:00 Fresh Hands	13 9:30 Music With Phil 10:30 Bible Study 1:00 Paint & Sip 2:00 Sunshine & Smiles 3:00 Bingo 4:30 Fresh Hands	14 10:00 Puzzles & Coffee 11:00 Therapeutic Coloring 1:00 Garden Club 2:00 Wheelchair Clinic 3:00 Candy Bingo 4:00 Wordle 4:30 Fresh Hands	15 Youth Skills Day! Happy Birthday Deanna! 10:00 Coffee Social 11:00 Manicures 1:00 Young Life Games 2:00 Noodle Fitness 3:00 Bingo 4:30 Fresh Hands	16 10:00 Puzzles & Coffee 11:00 Music & Reminiscence 1:00 Garden Club 2:00 Wheelchair Clinic 3:00 Candy Bingo 4:00 Wordle 4:30 Fresh Hands	17 10:00 Virtual Church 11:00 Teresa's Salon 1:00 Therapeutic Coloring 2:00 Walking Outside 3:00 Bingo 4:30 Fresh Hands	18 10:00 Coffee Social 11:00 Move & Groove 1:00 Beading 2:00 Elvis Performance 3:00 Bingo 4:00 Fresh Hands
19 10:00 Coffee Social 11:00 Spa Hour 1:00 Arts & Crafts 2:00 Game Time 3:00 Bingo 4:00 Fresh Hands	20 Moon Day! 9:30 Music With Phil 10:30 Bible Study 1:00 One Small Step & A Moon Pie 2:00 Sunshine & Smiles 3:00 Bingo 4:30 Fresh Hands	21 Ice Cream Day! 10:00 Puzzles & Coffee 11:00 Therapeutic Coloring 1:00 Garden Club 2:00 Whisk Wonders 3:00 Candy Bingo 4:00 Wordle 4:30 Fresh Hands	22 10:00 Coffee Social 11:00 Manicures 1:00 Game Time 2:00 Noodle Fitness 3:00 Bingo 4:30 Fresh Hands	23 10:00 Puzzles & Coffee 11:00 Music & Reminiscence 1:00 Garden Club 2:00 Wheelchair Clinic 3:00 Candy Bingo 4:00 Wordle 4:30 Fresh Hands	24 10:00 Virtual Church 11:00 Teresa's Salon 1:00 Therapeutic Coloring 2:00 Walking Outside 3:00 Bingo 4:30 Fresh Hands	25 10:00 Coffee Social 11:00 Move & Groove 1:00 Beading 2:00 Arts & Crafts 3:00 Bingo 4:00 Fresh Hands
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July 2026
upcoming events

Stars, Stripes,
& Mics
July 4th
Noon

American Summer
Soiree
July 10th
1-3 pm

Whisk Wonders
July 21st
2 pm

Barn Party
July 27th
2 pm



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