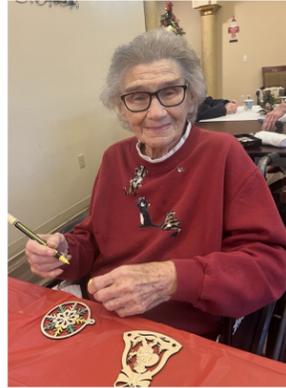


## Resident Spotlight



**Emily**

Emily was born in Cincinnati, Ohio, and moved to the West Coast at a young age. She is the proud mother of one son, whom she loves dearly. Emily worked as a photo processor and later as an elementary school aide, where she shared her caring heart with many children. She also has a special talent for candy making, a hobby she's enjoyed for years, even making sweet treats with the neighborhood kids she babysat. You can find Emily at every activity with a smile on her face. We're so happy to have Emily as part of our community!

## Team Member Spotlight



**Braxton, Day Caregiver**

Braxton was born in Springfield. He enjoys staying active at the gym, spending time with friends, and working on his car. At the end of April, Braxton will be leaving to begin his service with the United States Marine Corps. We are incredibly proud of his commitment and dedication as he embarks on this honorable journey. Braxton has been an amazing caregiver in our community. His kindness, patience, and positive attitude have made a lasting impact on both residents and staff. He will be deeply missed, and we are so grateful for the care and compassion he has shared with us.

# moments captured



Our Garden Club is getting ready for spring by planting seeds, refreshing flower beds, and planning new blooms. We can't wait to watch our garden grow!

*Stay Connected!*  
Like Sweetbriar Villa on Facebook!

- Public Events
- Community Photos
- Staff Highlights
- Resident Features
- & More!

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www.sweetbriarvilla.com

March 2026

# Sweetbriar Villa Bulletin

Assisted & Memory Care | 6135 E Street | Springfield, OR 97478 | 541-225-0200



## Sweetheart Social Award Winners!



## HAPPY Birthday

### Residents

- Ruth, March 18th
- Pete, March 25th

### Staff

- Karrie, March 5th
- Aliyah, March 5th
- Sally, March 11th
- Kaicee, March 16th
- Selene, March 22nd

# MARCH 2026

Sweetbriar Villa • Assisted Care • 6135 'E' Street, Springfield, OR 97478 • 541-225-0200

SUN	MON	TUE	WED	THU	FRI	SAT
<p>1</p> <p>10:00 Coffee Social 10:00 Therapeutic Coloring 1:00 Cards 2:00 Move and Groove 3:00 Bingo 4:00 Music &amp; Reminiscence</p>	<p>2</p> <p>9:30 Music With Phil 10:30 Bible Study 1:00 Game Time 2:00 Manicures 3:00 Bingo 4:00 Chair Yoga</p>	<p>3</p> <p>10:00 Puzzles &amp; Coffee 11:00 Therapeutic Coloring 1:00 Garden Club <b>2:00 Resident Council</b> 3:00 Candy Bingo 4:00 Wii Sports</p>	<p>4</p> <p>10:00 Morning Movements 11:00 Manicures 1:00 Scrapbooking 2:00 Noodle Fitness 3:00 Bingo 4:00 Tech Time</p>	<p>5</p> <p><b>Happy Birthday Karrie &amp; Aliyah!</b> 10:00 Puzzles &amp; Coffee 11:00 Music &amp; Reminiscence 1:00 Garden Club <b>2:00 Arts &amp; Crafts</b> 3:00 Candy Bingo 4:00 Game Time</p>	<p>6</p> <p>10:00 Virtual Church 11:00 Teresa's Salon 1:00 Beading 2:00 Movie &amp; Popcorn 3:00 Bingo 4:00 Wordle</p>	<p>7</p> <p>10:00 Coffee Social 11:00 Bored Board 1:00 Relax &amp; Refresh 2:00 Move and Groove 3:00 Bingo 4:00 Journaling</p>
<p><b>8 International Women's Day</b></p> <p>10:00 Coffee Social 10:00 Therapeutic Coloring 1:00 Cards <b>2:00 Photo Shoot</b> 3:00 Bingo 4:00 Music &amp; Reminiscence</p>	<p>9</p> <p>9:30 Music With Phil 10:30 Bible Study 1:00 Crochet Club <b>2:00 Whisk Wonders</b> 3:00 Bingo 4:00 Chair Yoga</p>	<p>10</p> <p>10:00 Puzzles &amp; Coffee 11:00 Therapeutic Coloring 1:00 Garden Club <b>2:00 Staff Meeting</b> 3:00 Candy Bingo 4:00 Wii Sports</p>	<p><b>11 Happy Birthday Sally!</b></p> <p>10:00 Donuts &amp; Devotions 11:00 Manicures <b>12:00 Resident Birthday Party</b> 2:00 Noodle Fitness 3:00 Bingo 4:00 Fireside Chat</p>	<p><b>12 Plant a Flower Day</b></p> <p>10:00 Puzzles &amp; Coffee 11:00 Music &amp; Reminiscence 1:00 Garden Club 2:00 Wheelchair Clinic 3:00 Candy Bingo 4:00 Game Time</p>	<p>13</p> <p>10:00 Virtual Church 11:00 Teresa's Salon 1:00 Beading 2:00 Movie &amp; Popcorn 3:00 Bingo 4:00 Wordle</p>	<p>14</p> <p>10:00 Coffee Social 11:00 Bored Board 1:00 Relax &amp; Refresh 2:00 Move and Groove 3:00 Bingo 4:00 Journaling</p>
<p>15</p> <p>10:00 Coffee Social 10:00 Therapeutic Coloring 1:00 Cards 2:00 Move and Groove 3:00 Bingo <b>4:00 The Oscars</b></p>	<p><b>16 Wellderly Week Happy Birthday Kaicee!</b></p> <p>9:30 Music With Phil 10:30 Bible Study 1:00 Game Time 2:00 Manicures 3:00 Bingo 4:00 Chair Yoga</p>	<p><b>17 St. Patrick's Day</b></p> <p>10:00 Puzzles &amp; Coffee 11:00 Therapeutic Coloring 1:00 Garden Club <b>2:00 Sham Rock &amp; Roll</b> 3:00 Candy Bingo 4:00 Wii Sports</p>	<p><b>18 Happy Birthday Ruth!</b></p> <p>10:00 Morning Movements 11:00 Manicures 1:00 Scrapbooking 2:00 Noodle Fitness 3:00 Bingo 4:00 Fireside Chat</p>	<p>19</p> <p>10:00 Puzzles &amp; Coffee 11:00 Music &amp; Reminiscence 1:00 Garden Club 2:00 Wheelchair Clinic 3:00 Candy Bingo 4:00 Game Time</p>	<p><b>20 Spring Begins!</b></p> <p>10:00 Virtual Church 11:00 Teresa's Salon 1:00 Beading <b>2:00 Spring Social</b> 3:00 Bingo 4:00 Wordle</p>	<p>21</p> <p>10:00 Coffee Social 11:00 Bored Board 1:00 Relax &amp; Refresh 2:00 Move and Groove 3:00 Bingo 4:00 Journaling</p>
<p><b>22 Happy Birthday Selene!</b></p> <p>10:00 Coffee Social 10:00 Therapeutic Coloring 1:00 Cards 2:00 Move and Groove 3:00 Bingo 4:00 Music &amp; Reminiscence</p>	<p><b>23 Chip &amp; Dip Day</b></p> <p>9:30 Music With Phil 10:30 Bible Study 1:00 Crochet Club 2:00 Snack Social 3:00 Bingo 4:00 Chair Yoga</p>	<p>24</p> <p>10:00 Puzzles &amp; Coffee 11:00 Therapeutic Coloring 1:00 Garden Club 2:00 Manicures 3:00 Candy Bingo 4:00 Wii Sports</p>	<p><b>25 Happy Birthday Pete!</b></p> <p>10:00 Donuts and Devotions 11:00 Manicures 1:00 Scrapbooking 2:00 Noodle Fitness 3:00 Bingo 4:00 Fireside Chat</p>	<p><b>26</b></p> <p>10:00 Puzzles &amp; Coffee 11:00 Music &amp; Reminiscence 1:00 Garden Club <b>2:00 Arts &amp; Crafts with Kenzie</b> 3:00 Candy Bingo 4:00 Game Time</p>	<p>27</p> <p>10:00 Virtual Church 11:00 Teresa's Salon 1:00 Beading 2:00 Walking Outside 3:00 Bingo 4:00 Wordle</p>	<p>28</p> <p>10:00 Coffee Social 11:00 Bored Board 1:00 Relax &amp; Refresh 2:00 Move and Groove 3:00 Bingo 4:00 Journaling</p>
<p>29</p> <p>10:00 Coffee Social 10:00 Therapeutic Coloring 1:00 Cards 2:00 Move and Groove 3:00 Bingo 4:00 Music &amp; Reminiscence</p>	<p><b>30 Piano Day</b></p> <p>9:30 Music With Phil 10:30 Bible Study 1:00 Game Time <b>2:00 Randy Byrnes Performance</b> 3:00 Bingo 4:00 Chair Yoga</p>	<p>31</p> <p>10:00 Puzzles &amp; Coffee 11:00 Therapeutic Coloring 1:00 Garden Club <b>2:00 Tea Party</b> 3:00 Candy Bingo 4:00 Wii Sports</p>				



SWEETBRIAR VILLA

## March 2026

upcoming events

**Whisk Wonders**  
March 9th @ 2 pm

**Sham Rock & Roll**  
March 17th @ 2 pm

**Arts & Crafts with Kenzie**  
March 26th @ 2 pm

**Randy Byrnes Performance**  
March 30th @ 2 pm



*Our mission is to create and maintain comfortable, caring environments for those who depend on us.*

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<b>1</b> 7:30 Coffee Social 9:00 Music & Reminiscence 11:00 Balloon Ball 1:00 Movie with Friends 2:00 Therapeutic Coloring 3:00 Bingo (AL) 6:00 Reading Group 7:00 Charades	<b>2</b> 7:30 Coffee Social 9:00 Gentle Hand Massages 11:00 Rock Painting 1:00 Towel Folding 2:00 Spiritual Hymns 3:00 Bingo (AL) 6:00 Sensory Group 7:00 Movie Matinee	<b>3</b> 7:30 Coffee Social 9:00 Scrapbooking 11:00 Reading Group 1:00 Therapeutic Coloring 2:00 Balloon Ball 3:00 Bingo (AL) 6:00 Music & Reminiscence 7:00 Movie Matinee	<b>4</b> 7:30 Coffee Social 9:00 Pedicures 11:00 Sensory Group 1:00 Movie Friends 2:00 Move and Groove 3:00 Bingo (AL) 6:00 Towel Folding 7:00 Gentle Hand Massages	<b>5 Happy Birthday Karrie &amp; Aliyah!</b> 7:30 Coffee Social 9:00 Manicures 11:00 Chair Dancing 1:00 Music & Reminiscence <b>2:00 Arts &amp; Crafts</b> 3:00 Bingo (AL) 6:00 Beach Ball Volleyball 7:00 Movie Matinee	<b>6</b> 7:30 Coffee Social 9:00 Teresa's Salon 11:00 Play Dough Creations 1:00 Movie with Friends 2:00 Game Time 3:00 Bingo (AL) 6:00 Puzzles 7:00 Pedicures	<b>7</b> 7:30 Coffee Social 9:00 Manicures 11:00 Chair Yoga 1:00 Sit & Stretch 2:00 Charades 3:00 Bingo (AL) 6:00 Baby Spa/Bath 7:00 Movie Matinee
<b>8 International Women's Day</b> 7:30 Coffee Social 9:00 Music & Reminiscence 11:00 Balloon Ball 1:00 Beauty Hour <b>2:00 Photo Shoot</b> 3:00 Bingo (AL) 6:00 Reading Group 7:00 Charades	<b>9</b> 7:30 Coffee Social 9:00 Gentle Hand Massages 11:00 Rock Painting 1:00 Towel Folding <b>2:00 Whisk Wonders</b> 3:00 Bingo (AL) 6:00 Sensory Group 7:00 Movie Matinee	<b>10</b> 7:30 Coffee Social 9:00 Scrapbooking 11:00 Reading Group 1:00 Therapeutic Coloring <b>2:00 Staff Meeting</b> 3:00 Bingo (AL) 6:00 Music & Reminiscence 7:00 Movie Matinee	<b>11 Happy Birthday Sally!</b> 7:30 Coffee Social 9:30 Guitar with Phil 11:00 Donuts & Devotions 1:00 Move and Groove 2:00 Movie with Friends 3:00 Bingo (AL) 6:00 Towel Folding 7:00 Gentle Hand Massages	<b>12 Plant a Flower Day</b> 7:30 Coffee Social 9:00 Manicures 11:00 Beauty Hour 1:00 Cards 2:00 Watercolor Art 3:00 Bingo (AL) 6:00 Evening Walk 7:00 Movie Matinee	<b>13</b> 7:30 Coffee Social 9:00 Teresa's Salon 11:00 Puzzle Group 1:00 Movie with Friends 2:00 Game Time 3:00 Bingo (AL) 6:00 Puzzles 7:00 Pedicures	<b>14</b> 7:30 Coffee Social 9:00 Manicures 11:00 Chair Yoga 1:00 Silly Jokes 2:00 Color Matching 3:00 Bingo (AL) 6:00 Baby Spa/Bath 7:00 Movie Matinee
<b>15</b> 7:30 Coffee Social 9:00 Music & Reminiscence 11:00 Balloon Ball 1:00 Movie with Friends 2:00 Therapeutic Coloring 3:00 Bingo (AL) <b>4:00 The Oscars</b> 7:00 Charades	<b>16 Welllderly Week Happy Birthday Kaicee!</b> 7:30 Coffee Social 9:00 Gentle Hand Massages 11:00 Rock Painting 1:00 Towel Folding 2:00 Spiritual Hymns 3:00 Bingo (AL) 6:00 Sensory Group 7:00 Movie Matinee	<b>17 St. Patrick's Day</b> 7:30 Coffee Social 9:00 Scrapbooking 11:00 Reading Group 1:00 Therapeutic Coloring <b>2:00 Sham Rock &amp; Roll</b> 3:00 Bingo (AL) 6:00 Music & Reminiscence 7:00 Movie Matinee	<b>18 Happy Birthday Ruth!</b> 7:30 Coffee Social 9:00 Pedicures 11:00 Sensory Group <b>12:00 Resident Birthday Party</b> 2:00 Movie with Friends 3:00 Bingo (AL) 6:00 Towel Folding 7:00 Gentle Hand Massages	<b>19</b> 7:30 Coffee Social 9:00 Manicures 11:00 Chair Dancing 1:00 Music & Reminiscence 2:00 Watercolor Art 3:00 Bingo (AL) 6:00 Evening Walk 7:00 Movie Matinee	<b>20 Spring Begins!</b> 7:30 Coffee Social 9:00 Teresa's Salon 11:00 Play Dough Creations 1:00 Movie with Friends <b>2:00 Spring Social</b> 3:00 Bingo (AL) 6:00 Puzzles 7:00 Pedicures	<b>21</b> 7:30 Coffee Social 9:00 Manicures 11:00 Chair Yoga 1:00 Air Hockey 2:00 Therapeutic Coloring 3:00 Bingo (AL) 6:00 Baby Spa/Bath 7:00 Movie Matinee
<b>22 Happy Birthday Selene!</b> 7:30 Coffee Social 9:00 Music & Reminiscence 11:00 Balloon Ball 1:00 Movie with Friends 2:00 Therapeutic Coloring 3:00 Bingo (AL) 6:00 Reading Group 7:00 Charades	<b>23 Chip &amp; Dip Day</b> 7:30 Coffee Social 9:00 Gentle Hand Massages 11:00 Rock Painting 1:00 Towel Folding 2:00 Snack Social 3:00 Bingo (AL) 6:00 Sensory Group 7:00 Movie Matinee	<b>24</b> 7:30 Coffee Social 9:00 Scrapbooking 11:00 Reading Group 1:00 Therapeutic Coloring 2:00 Personalized Portraits 3:00 Bingo (AL) 6:00 Music & Reminiscence 7:00 Movie Matinee	<b>25 Happy Birthday Pete!</b> 7:30 Coffee Social 9:00 Pedicures 11:00 Donuts & Devotions 1:00 Movie with Friends 2:00 Move and Groove 3:00 Bingo (AL) 6:00 Towel Folding 7:00 Gentle Hand Massages	<b>26</b> 7:30 Coffee Social 9:00 Manicures 11:00 Beauty Hour 1:00 Cards <b>2:00 Arts &amp; Crafts with Kenzie</b> 3:00 Bingo (AL) 6:00 Evening Walk 7:00 Movie Matinee	<b>27</b> 7:30 Coffee Social 9:00 Teresa's Salon 11:00 Puzzle Group 1:00 Air Hockey 2:00 Game Time 3:00 Bingo (AL) 6:00 Puzzles 7:00 Pedicures	<b>28</b> 7:30 Coffee Social 9:00 Manicures 11:00 Chair Yoga 1:00 Silly Jokes 2:00 Therapeutic Coloring 3:00 Bingo (AL) 6:00 Baby Spa/Bath 7:00 Movie Matinee
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