Resident Spotlight



Anna R

Anna B. was born in Los Angeles and raised in nearby Lancaster, Ca., where she later helped with her family's mail route. A mom of four (three girls and a boy) she has traveled the world with her husband, Bruce, with Bon Air as her favorite destination. Though she once tried scuba diving, it wasn't for her. Anna loves dancing and playing pinochle. And we love Anna!

Team Member Spotlight



Ariel, RN

Ariel loves cooking, crafting, and spending time with her family. She cares for five chickens, a cat, and a very noisy English bulldog. Following in her mother's footsteps, she became a nurse—a calling she's felt since childhood. Ariel is the proud mom of a beautiful, creative, and kind 16-year-old daughter, and she's a devoted fan of zombie movies and shows. Ariel is invaluable not only in her work, but for her amazing personality. We love you!





Grinch Visit!!

The Grinch made an early visit to Sweetbriar Villa's residents to make sure his Naughty and Nice List was accurate!





Veterans Appreciation: On Veteran's Day, we were joined by a local Boy Scout Troop to honor our Veterans. Timothy Patrick performed a Veteran's Tribute that our residents loved!



RESIDENT SATISFACTION SURVEY 2025

Our mission as a company is to create and sustain comfortable, caring environments for those who depend on us. As a part of living that mission, we need feedback from our residents and responsible parties on what we are doing well, as well as what we could do better. Each survey is read, analyzed, and met with a plan.

Overall Design

3 to 4 questions and comment section about quality of care and services based on the National Quality Forum endorsed CoreO Survey. Ratings are from Poor (1) to Excellent (5)

SURVEY RESULTS

The overall satisfaction score for Sweetbriar Villa is Very Goo





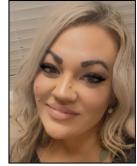
December 2025

Sweetbriar Villa Bulletin

Assisted & Memory Care | 6135 E Street | Springfield, OR 97478 | 541-225-0200



A Note from the Executive Director



Happy Holidays Everyone!

It has been a wonderful year with all of you and I can't believe it is coming to a close. I look forward to a fantastic month ahead with lots of holiday joy and warmth all around.

I want to extend a heartfelt thank you to our residents, their families, and our team for making such a special difference in our lives every single day of the year.

Nicole Hampl, Executive Director

Also, Thank you to all who participated in our 2025 Resident Satisfaction Survey. The cumulative score is included in this month's newsletter, and results will be shared on our website. We very much appreciate and value your feedback.

Have a safe and joyous season ahead!

Nicole

Residents

Juanita, 12/14

Staff

- Nicole, 12/1
- Tammie, 12/5
- Kim, 12/10
- Makayla, 12/26

DECEMBER 2	025 Swee	tbriar Villa • Assiste	d Care • 6135 'E' Stre	et, Springfield, OR 97478	• 541-225-0200	
SUN	MON	TUE	WED	THU	FRI	SAT
* * *	1 Happy Birthday Nicole! 9:30 Music With Phil 10:30 Bible Study 1:00 Crochet Club 2:00 Rock Painting 3:00 Bingo 4:00 Karaoke	2 10:00 Puzzles & Coffee 11:00 Therapeutic Coloring 1:00 Scrabble 2:00 Mr. E Performance 3:00 Candy Bingo 4:00 Reading Group	3 10:00 Donuts & Devotions 11:00 Manicures 1:00 Bubble Art 2:00 Gentle Stretching 3:00 Bingo 4:00 Paper Plane Race	4 10:00 Puzzles & Coffee 11:00 Music & Reminiscence 1:00 Farkle 2:00 Holiday Decorating 3:00 Candy Bingo 4:00 Movie & Popcorn	5 Happy Birthday Tammie! 10:00 Virtual Church 11:00 Morning Movements 1:00 Beading 2:00 Soothing Spa 3:00 Bingo 4:00 Lucky Strike Bowling	6 10:00 Coffee Social 10:00 Therapeutic Coloring 11:00 Relax & Refresh 1:00 Bored Board 3:00 Bingo 4:00 Music & Reminiscence
7 10:00 Coffee Social 10:00 Therapeutic Coloring 1:00 Relax & Refresh 2:00 Bored Board 3:00 Bingo 4:00 Music & Reminiscence	9:30 Music With Phil 10:30 Bible Study 1:00 Crochet Club 2:00 Rock Painting 3:00 Bingo 6:00 Christmas Lights Outing	9 10:00 Puzzles & Coffee 11:00 Therapeutic Coloring 1:00 Cards 2:00 Antler Antics 3:00 Candy Bingo 4:00 Lucky Strike Bowling	10 Happy Birthday Kim! 10:00 Donuts & Devotions 11:00 Manicures 1:00 Card Making 2:00 Staff Holiday Party 3:00 Bingo 4:00 Beach Ball Volleyball	11 10:00 Puzzles & Coffee 11:00 Music & Reminiscence 1:00 Movie & Popcorn 2:00 Wheelchair Clinic 3:00 Candy Bingo 6:00 Christmas Lights Outing	12 10:00 Virtual Church 11:00 Move and Groove 1:00 Beading 2:00 Craft: Gingerbread Man 3:00 Bingo 4:00 Grinch Photo Shoot	13 10:00 Coffee Social 10:00 Therapeutic Coloring 11:00 Relax & Refresh 1:00 Bored Board 3:00 Bingo 4:00 Music & Reminiscence
14 Hanukkah Begins 10:00 Coffee Social 10:00 Therapeutic Coloring 1:00 Relax & Refresh 2:00 Bored Board 3:00 Bingo 4:00 Music & Reminiscence	9:30 Music With Phil 10:30 Bible Study 1:00 Crochet Clinic 2:30 Timothy Patrick Performance 3:00 Bingo 4:00 Antler Antics	16 10:00 Puzzles & Coffee 11:00 Therapeutic Coloring 1:00 Scrabble 2:00 Sing Along with Cindy and Teresa 3:00 Candy Bingo 4:00 Reading Group	17 10:00 Donuts & Devotions 11:00 Manicures 1:00 Holiday Shopping 2:00 Noodle Fitness 3:00 Bingo 4:00 Pin the Ornament on the Tree	18 10:00 Puzzles & Coffee 11:00 Music & Reminiscence 12:00 Resident Holiday Party 2:00 Wheelchair Clinic 3:00 Candy Bingo 4:00 Movie & Popcorn	19 10:00 Virtual Church 11:00 Morning Movements 1:00 Beading 2:00 Craft: Snowflakes 3:00 Bingo 4:00 Candy Cane Minute To Win It	20 10:00 Coffee Social 10:00 Therapeutic Coloring 11:00 Relax & Refresh 1:00 Bored Board 3:00 Bingo 4:00 Music & Reminiscence
21 10:00 Coffee Social 10:00 Therapeutic Coloring 1:00 Relax & Refresh 2:00 Crossword Puzzles 3:00 Bingo 4:00 Music & Reminiscence	22 Hanukkah Ends 9:30 Music With Phil 10:30 Bible Study 1:00 Crochet Club 2:00 Rock Painting 3:00 Bingo 4:00 Wrapping Paper Minute To Win It Spirit Week! PJ Day	23 10:00 Music & Reminiscence 11:00 Puzzles & Coffee 1:00 Scrabble 2:00 Craft: Button Ornaments 3:00 Candy Bingo 4:00 Holidays Trivia Winter Wonderland Day	24 Christmas Eve 10:00 Donuts & Devotions 11:00 Manicures 1:00 Bubble Art 2:00 Gentle Stretching 3:00 Christmas Bingo 4:00 Christmas Movie: Elf Grinch Day	25 Christmas 10:00 Puzzles & Coffee 11:00 Christmas Music & Reminiscence 1:00 Christmas Movie & Popcorn 2:00 Card Making 3:00 Candy Bingo 4:00 Christmas History Twin Day	26 Happy Birthday Makayla! Kwanzaa Begins 10:00 Virtual Church 11:00 Move and Grove 1:00 Beading 2:00 Soothing Spa 3:00 Bingo 4:00 Conversation Ball Toss	27 10:00 Coffee Social 10:00 Therapeutic Coloring 11:00 Relax & Refresh 1:00 Bored Board 3:00 Bingo 4:00 Music & Reminiscence
28 Happy Anniversary Mike! 10:00 Coffee Social 10:00 Therapeutic Coloring 1:00 Cards 2:00 Short Films 3:00 Bingo 4:00 Music & Reminiscence	9:30 Music With Phil 10:30 Bible Study 1:00 Crochet Club 2:00 Festive Hot Cocoa Party 3:00 Bingo 4:00 Karaoke	30 10:00 Music & Reminiscence 11:00 Puzzles & Coffee 1:00 Movie & Popcorn 2:00 Walking Outside 3:00 Candy Bingo 4:00 New Year's Resolutions	31 New Year's Eve 10:00 Daily Devotions 11:00 Manicures 1:00 Card Making 2:00 Noodle Fitness 3:00 Bingo 4:00 2025 Memories Slideshow			



upcoming events

Dec. 2 at 2 pm Mr. E Performs

Dec. 4 at 2 pm Holiday Decorating

Dec. 8 & 11 at 6 pm Christmas Lights Outings

Dec. 12 at 4 pm Grinch Photo Shoot

Dec. 15 at 2:30 pm Timothy Patrick Performs

Dec. 18 at Noon Resident Holiday Party

Dec. 29 at 2 pm Festive Hot Cocoa Party



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SUN		MON		TUE		WED		THU		FRI		SAT
* *	9:00 11:00 1:00 2:00 3:00 6:00	Coffee Social Gentle Hand Massages Rock Painting Towel Folding Manicures Bingo (AL) Sensory Group Movie Matinee	2 7:30 9:00 11:00 1:00 2:00 3:00 6:00 7:00	Coffee Social Scrapbooking Reading Group Therapeutic Coloring Mr. E Performance (AL) Bingo (AL) Music & Reminiscence Movie Matinee	3 7:30 9:00 11:00 2:00 3:00 6:00 7:00	Pedicures Donuts & Devotions Movie with Friends Antler Antics Bingo (AL)	4 7:30 9:00 11:00 1:00 2:00 3:00 6:00 7:00	Coffee Social Lego Hour Beauty Hour Music & Reminiscence Holiday Decorating Bingo (AL) Evening Walk Movie Matinee	5 7:30 9:00 11:00 1:00 2:00 3:00 6:00 7:00	Coffee Social Morning Walk Puzzle Group Movie with Friends Candy Cane Game Bingo (AL) Puzzles Pedicures	6 7:30 9:00 11:00 2:00 3:00 6:00 7:00	Coffee Social Manicures Chair Yoga Silly Jokes Lego Hour Bingo (AL) Baby Spa/Bath Movie Matinee
7 7:30 Coffee Social 9:00 Music & Reminiscence 11:00 Balloon Ball 1:00 Movie with Friends 2:00 Therapeutic Coloring 3:00 Bingo (AL) 6:00 Reading Group 7:00 Evening Walk	9:00 11:00 1:00 2:00 3:00 6:00	Coffee Social Gentle Hand Massages Rock Painting Towel Folding Spiritual Hymns Bingo (AL) Christmas Lights Outing Movie Matinee	9 7:30 9:00 11:00 1:00 2:00 3:00 6:00 7:00	Coffee Social Scrapbooking Reading Group Therapeutic Coloring Balloon Ball Bingo (AL) Music & Reminiscence Movie Matinee	10 7:30 9:00 11:00 1:00 2:00 3:00 6:00 7:00	Coffee Social Pedicures Sensory Group Movie with Friends Staff Holiday Party Bingo (AL)	11 7:30 9:00 11:00 1:00 2:00 3:00 6:00 7:00	Coffee Social Lego Hour Chair Dancing Music & Reminiscence Watercolor Art Bingo (AL) Christmas Lights Outing Movie Matinee	12 7:30 9:00 11:00 1:00 2:00 3:00 4:00 7:00	Coffee Social Wrapping Paper Game Play Dough Creations Movie with Friends Craft: Gingerbread Man Bingo (AL) Grinch Photo Shoot Pedicures	13 7:30 9:00 11:00 1:00 2:00 3:00 6:00 7:00	Coffee Social Manicures Chair Yoga Sit & Stretch Lego Hour Bingo (AL) Baby Spa/Bath Movie Matinee
14 Hanukkah Begins 7:30 Coffee Social 9:00 Music & Reminiscence 11:00 Balloon Ball 1:00 Movie with Friends 2:00 Therapeutic Coloring 3:00 Bingo (AL) 6:00 Reading Group 7:00 Evening Walk	9:00 11:00 1:00 2:30 3:00 6:00	Coffee Social Gentle Hand Massages Rock Painting Towel Folding Timothy Patrick Performance Bingo (AL) Sensory Group Movie Matinee	16 7:30 9:00 11:00 1:00 2:00 3:00 6:00 7:00	Coffee Social Scrapbooking Reading Group Therapeutic Coloring Sing Along with Cindy and Teresa Bingo (AL) Music & Reminiscence Movie Matinee	17 7:30 9:00 11:00 2:00 3:00 6:00 7:00	Coffee Social Pedicures Donuts & Devotions Movie with Friends Antler Antics Bingo (AL)	18 7:30 9:00 11:00 12:00 2:00 3:00 6:00 7:00		19 7:30 9:00 11:00 2:00 3:00 6:00 7:00	Coffee Social Candy Cane Game Puzzle Group Movie with Friends Craft: Snowflakes Bingo (AL) Puzzles Pedicures	20 7:30 9:00 11:00 2:00 3:00 6:00 7:00	Coffee Social Manicures Chair Yoga Silly Jokes Lego Hour Bingo (AL) Baby Spa/Bath Movie Matinee
7:30 Coffee Social 9:00 Music & Reminiscence 11:00 Balloon Ball 1:00 Movie with Friends 2:00 Therapeutic Coloring 3:00 Bingo (AL) 6:00 Reading Group 7:00 Evening Walk	7:30 9:00 11:00 1:00 2:00 3:00 6:00	Hanukkah Ends Coffee Social Gentle Hand Massages Rock Painting Towel Folding Spiritual Hymns Bingo (AL) Sensory Group Movie Matinee	23 7:30 9:00 11:00 1:00 2:00 3:00 6:00 7:00	Coffee Social Scrapbooking Reading Group Therapeutic Coloring Craft: Button Ornaments Bingo (AL) Music & Reminiscence Movie Matinee	24 C 7:30 9:00 11:00 1:00 2:00 3:00 6:00 7:00	Christmas Movies Antler Antics Bingo (AL)	7:30 9:00	Coffee Social Lego Hour Chair Dancing Music & Reminiscence Watercolor Art Bingo (AL) Evening Walk Movie Matinee	26 K 7:30 9:00 11:00 1:00 2:00 3:00 6:00 7:00	wanzaa Begins Coffee Social Wrapping Paper Game Play Dough Creations Movie with Friends Donuts & Devotions Bingo (AL) Puzzles Pedicures	9:00 11:00	Coffee Social Manicures Chair Yoga Sit & Stretch Lego Hour Bingo (AL) Baby Spa/Bath Movie Matinee
7:30 Coffee Social 9:00 Music & Reminiscence 11:00 Balloon Ball 1:00 Movie with Friends 2:00 Therapeutic Coloring 3:00 Bingo (AL) 6:00 Reading Group 7:00 Evening Walk	9:00 11:00 1:00 2:00 3:00 6:00	Towel Folding	30 7:30 9:00 11:00 2:00 3:00 6:00 7:00	Coffee Social Scrapbooking Reading Group Therapeutic Coloring Memory Match Game Bingo (AL) Music & Reminiscence Movie Matinee	7:30 9:00	ew Year's Eve Coffee Social Pedicures Donuts & Devotions Movie with Friends 2025 Memories Slideshow Bingo (AL) Towel Folding Gentle Hand Massages				3 0		



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