

Resident Spotlight



Barbara

This month's resident spotlight is shining on Barbara. Barbara has lived here at Sweetbriar for three months and is a ray of sunshine. She was born in Kansas in the early 1930s. She is married to Brady and had three children (two sons, one daughter) and lots of grand and great grandchildren. In her younger years, Barbara was a maid at a motel and then became a stay-at-home mom. Barbara's hobbies include watching TV, going for walks, playing bingo and gambling. We are so glad to have Barbara as a part of our community!

Team Member Spotlight



Katie Sabin, Med Tech

Katie came to be a part of our Sweetbriar family 3 years ago. She was born and raised here in Waltherville. When she is not at work, she is spending time with her family hunting, fishing, camping or "sitting on the couch being lazy." She is in the process of applying at Physician Assistant School to get her Masters.

Thank you, Katie, for being such a great advocate for our residents!

moments captured



Our Life Enrichment Director Aleigh went on to new adventures last month. Our residents and staff will miss her, and wish her all the best!



Bringing in the New Year 2025! We celebrated counting down to the "Noon" Year with our family and friends with great food, music, games and laughter.



www.sweetbriarvilla.com

February 2025

Sweetbriar Villa Bulletin

Assisted & Memory Care | 6135 E Street | Springfield, OR 97478 | 541-225-0200



Hello Everyone,
February presents many engaging activities ahead of us. Be sure not to miss what we have planned! Here are a few highlights:

- On February 3rd at 2 PM, all residents are welcome to attend the Resident Council Meeting.
- On February 7th at 3 PM and 4 PM is our Super Bowl Tailgate Party and Super Bowl Party!
- On February 13th at 1 PM is our Resident Birthday Party for those with a birthday this month.
- For Valentine's Day on February 14th at 1 PM, we have our Sweethearts' Ball Party.
- We welcome entertainment on February 17th at 2 PM by Timothy Patrick.
- On February 20th at 2:30 PM is Fetch Dog Therapy.

We wish you a fun-filled month ahead!

"Just one small positive thought in the morning can change your whole day,"
-Dalai Lama

Happy Valentine's Day


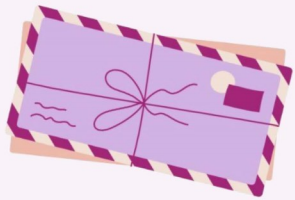
HAPPY Birthday

Residents

- David C.—February 12th
- Donna S. - February 18th
- Marva K.—February 24th

FEBRUARY 2025

Sweetbriar Villa • 6135 'E' St., Springfield, OR 97478 • 541-225-0200

SUN	MON	TUE	WED	THU	FRI	SAT
						1 National Heart Month! 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
2 Groundhog Day 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	3 9:30 Music With Phil 10:30 Bible Study 11:00 Chair Yoga 1:00 Whisk Wonders 2:00 Resident Council 3:00 Bingo 4:00 Beach Boys Hits & Reminisce	4 9:00 Chair Stretching 10:00 Valentine Crafts 11:00 Residence Assistance 1:00 Movie & Popcorn 2:00 Movie Discussion 3:00 Bingo 4:00 Word Searches	5 9:30 This Day in History 10:00 Cards & coffee 11:00 Beading 1:00 Friendly Room Visits 2:00 Coloring Social 3:00 Candy Bingo 4:00 Would You Rather	6 9:30 Karaoke/Sing Along 10:00 Puzzles & Coffee 11:00 Arm Weights 1:00 Movie & Popcorn 2:00 Valentine Crafts 3:00 Bingo 4:00 Tech Time	7 Natl. Fettucine Alfredo Day 9:30 Bowling 10:00 Hidden Pictures 11:00 Leg Strengthening 1:00 Antiques Roadshow 2:00 Arts & Crafts 3:00 Bingo 4:00 Puzzles	8 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
9 Super Bowl 59 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Tailgate Party 4:00 Super Bowl Party	10 9:30 Music With Phil 10:30 Bible Study 11:00 Chair yoga 1:00 Whisk Wonders 2:00 Manicures 3:00 Bingo 4:00 J ohhny Cash Hits & Reminisce	11 9:30 Chair Stretching 10:00 Arts & Crafts 11:00 Residence Assistance 1:00 Movie & Popcorn 2:00 Movie discussion 3:00 Bingo 4:00 Word Searches	12 9:30 This Day in History 10:00 Cards & Coffee 11:00 Beading 1:00 Friendly Room Visits 2:00 Coloring Social 3:00 Candy Bingo 4:00 Residents' Choice	13 9:30 Karaoke/Sing Along 10:00 Puzzles & Coffee 11:00 Arm Weights 1:00 Resident Birthday Party 2:00 Cards/Games 3:00 Bingo 4:00 Tech Time	14 Valentine's Day 9:30 Bowling 10:00 Hand Massages 11:00 Leg Strengthening 1:00 Sweethearts Ball Party 2:00 Sweethearts Ball Party 3:00 Bingo 4:00 Puzzles	15 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
16 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	17 9:30 Music With Phil 10:30 Bible Study 11:00 Chair yoga 1:00 Manicures 2:00 Timothy Patrick 3:00 Bingo 4:00 Beatles' Hits & Reminisce	18 9:30 Chair Stretching 10:00 Arts & Crafts 11:00 Residence Assistance 1:00 Movie & Popcorn 2:00 Movie Discussion 3:00 Bingo 4:00 Word Searches	19 9:30 This Day in History 10:00 Cards & Coffee 11:00 Beading 1:00 Friendly Room Visits 2:00 Coloring Social 3:00 Candy Bingo 4:00 Would You Rather?	20 9:30 Karaoke/Sing Along 10:00 Puzzles & Coffee 11:00 Arm Weights 1:00 Movie & Popcorn 2:30 FETCH Dog Therapy 3:00 Bingo 4:00 Tech Time	21 Natl. Caregivers' Day 9:30 Bowling 10:00 Hidden Pictures 11:00 Leg Strengthening 1:00 Antiques Roadshow 2:00 Arts & Crafts 3:00 Bingo 4:00 Puzzles 4:00 Karaoke/Sing along	22 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
23 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	24 9:30 Music With Phil 10:30 Bible Study 11:00 Chair yoga 1:00 Whisk Wonders 2:00 Manicures 3:00 Bingo 4:00 Patsy Cline Hits & Reminisce	25 9:30 Chair Stretching 10:00 Arts & Crafts 11:00 Residence Assistance 1:00 Movie & Popcorn 2:00 Movie discussion 3:00 Bingo 4:00 Word Searches	26 9:30 This Day in History 10:00 Cards & Coffee 11:00 Beading 1:00 Friendly Room Visits 2:00 Coloring Social 3:00 Candy Bingo 4:00 Residents' Choice	27 9:30 Karaoke/Sing Along 10:00 Puzzles & Coffee 11:00 Arm Weights 1:00 Movie & Popcorn 2:00 Cards/Games 3:00 Bingo 4:00 Tech Time	28 9:30 Bowling 10:00 Hand Massages 11:00 Leg Strengthening 1:00 Antiques Roadshow 2:00 Arts & Crafts 3:00 Bingo 4:00 Puzzles	



SWEETBRIAR VILLA

February 2025

Our mission is to create and maintain comfortable, caring environments for those who depend on us.

