

Resident Spotlight



Jack P.

This month's Resident Spotlight shines on Jack! He has lived here for little over a year. He was born in Arkansas and moved to Oregon in 1964. In earlier years, he served our country in the Army. After that, he drove log trucks and retired from Lane Transit. He and his wife Opal had one daughter named Kelly. Jack has the best sense of humor and is always up for a giggle. Thank you so much for being here with us, Jack. We love you so much!

Team Member Spotlight



Kimberly D., Caregiver/Med Tech

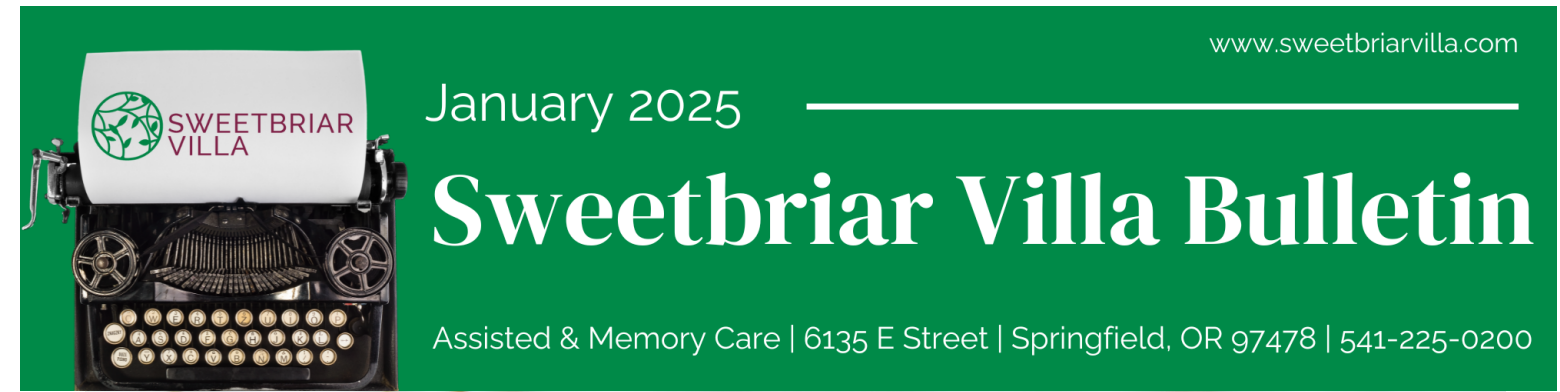
Kim has been working here at Sweetbriar Villa since February of last year. She was born and raised here in Springfield. When she's not at work, you can find her with her two daughters Marissa and Marianna camping, swimming, and enjoying Oregon's nature. She eventually wants to go to school to be a Pharmacy Tech or go into the field of Phlebotomy. Thank you for everything you've done here, Kim! You are such a great asset to our team!



Cookie Decorating With The Girl Scouts: December was filled with so many fun activities to celebrate the holidays! One of our favorites was decorating cookies with some local girl scouts! We laughed, sang some festive music, drank hot cocoa, and taste tested just about everything!

Here's to a wonderful 2025!

"The year's first month is like a blank canvas. Let your actions be the brushstrokes that create your masterpiece."- Unknown



Music Fuels the Soul at Sweetbriar Villa!

Margy, Gretchen, David, and Laralee enjoyed our first ever Maraca and Tambourine Class with Tim from Willamette Valley Resources! We are very much looking forward to the next one!



HAPPY Birthday

Residents

- Gretchen H., — (1/3)
- Joan S., — (1/10)
- Barbara H., (1/16)
- Joyce W., — (1/31)

Staff

- Ariel W., — (1/3)
- Ariana L., — (1/6)
- Nathan B., — (1/23)

JANUARY 2025

Sweetbriar Villa • 6135 'E' St., Springfield, OR 97478 • 541-225-0200

SUN	MON	TUE	WED	THU	FRI	SAT
			1 9:30 Chair yoga 10:00 Cards & coffee 11:00 Beading 1:00 Short story hour 2:00 Arts and Crafts 3:00 Bingo 4:00 Residents choice	2 9:30 Karaoke/Sing along 10:00 Puzzles & coffee 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Collage crafts 3:00 Bingo 4:00 Residents Choice	3 9:30 Chair yoga 10:00 Garden Club 11:00 Coloring social 1:00 Free Write group 2:00 Winter Craft 3:00 Bingo 4:00 Karaoke/Sing along	4 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
5 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	6 9:30 Music With Phil 10:30 Bible Study 11:00 Chair yoga 1:00 Whisk Wonders w/ Michelle 2:00 Resident Council 3:00 Bingo 4:00 Chair yoga	7 9:30 Chair Stretching 10:00 Coloring social 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Movie discussion 3:00 Bingo 4:00 Residents choice	8 9:30 Chair yoga 10:00 Cards & coffee 11:00 Needle Point Group 1:00 Short story hour 2:00 Arts and Crafts 3:00 Bingo 4:00 Residents choice	9 9:30 Karaoke/Sing along 10:00 Puzzles & coffee 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Collage crafts 3:00 Bingo 4:00 Residents Choice	10 9:30 Chair yoga 10:00 Garden Club 11:00 Coloring social 1:00 Free Write group 2:00 Winter Craft 3:00 Bingo 4:00 Karaoke/Sing along	11 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
12 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	13 9:30 Music With Phil 10:30 Bible Study 11:00 Chair yoga 1:00 Whisk Wonders w/ Michelle 2:00 Manicures 3:00 Bingo 4:00 Chair yoga	14 9:30 Chair Stretching 10:00 Coloring social 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Movie discussion 3:00 Bingo 4:00 Residents choice	15 Natl. Strawberry Ice cream day 9:30 Chair yoga 10:00 Cards & coffee 11:00 Beading 1:00 Short story hour 2:00 Strawberry Ice Cream social 3:00 Bingo	16 9:30 Karaoke/Sing along 10:00 Puzzles & coffee 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Collage crafts 3:00 Bingo 4:00 Residents Choice	17 9:30 Chair yoga 10:00 Garden Club 11:00 Coloring social 1:00 Resident B-day Party 2:00 Free Write Group 3:00 Bingo 4:00 Karaoke/Sing along	18 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
19 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	20 9:30 Music With Phil 10:30 Bible Study 11:00 Chair yoga 1:00 Manicures 2:00 Timothy Patrick Performance 3:00 Bingo 4:00 Chair yoga	21 9:30 Chair Stretching 10:00 Coloring social 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Movie discussion 3:00 Bingo 4:00 Residents choice	22 9:30 Chair yoga 10:00 Cards & coffee 11:00 Needle Point Group 1:00 Short story hour 2:00 Arts and Crafts 3:00 Bingo 4:00 Residents choice	23 9:30 Karaoke/Sing along 10:00 Puzzles & coffee 11:00 Chair yoga 1:00 Movie & Popcorn 2:30 FETCH Dog Therapy 3:00 Bingo 4:00 Residents Choice	24 9:30 Chair yoga 10:00 Garden Club 11:00 Coloring social 1:00 Free Write group 2:00 Winter Craft 3:00 Bingo 4:00 Karaoke/Sing along	25 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
26 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	27 Natl. Chocolate Cake Day 9:30 Music With Phil 10:30 Bible Study 11:00 Chair yoga 1:00 Whisk Wonders w/ Michelle 2:00 Manicures 3:00 Bingo 4:00 Chair yoga	28 9:30 9:30 1:1 10:00 Coloring social 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Movie discussion 3:00 Bingo 4:00 Residents choice	29 Start of Chinese New Year 9:30 Chair yoga 10:00 Cards & coffee 11:00 Beading 1:00 Short story hour 2:00 Arts and Crafts 3:00 Bingo 4:00 Residents choice	30 9:30 Karaoke/Sing along 10:00 Puzzles & coffee 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Collage crafts 3:00 Bingo 4:00 Residents Choice	31 Natl. Hot Cocoa Day 9:30 Chair yoga 10:00 Garden Club 11:00 Coloring social 1:00 Free Write group 2:00 Winter Craft 3:00 Bingo 4:00 Karaoke/Sing along	



**Resident Council
1/6 at 2 PM
in the Dining Room**

**Strawberry Ice Cream
Social at 2 PM
in the Dining Room**

**Resident Birthday
Party 1/17 at 1 PM**

**Timothy Patrick
Performs 1/20 at 2 PM
in the Dining Room**

**FETCH Dog Therapy
1/23 at 2:30 PM**



Our mission is to create and maintain comfortable, caring environments for those who depend on us.