

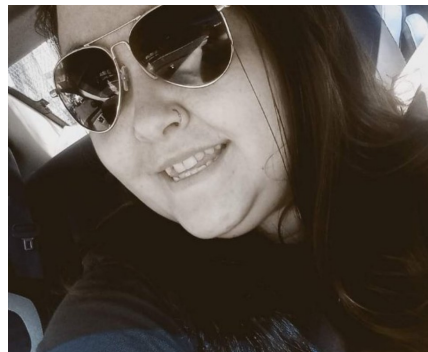
Resident Spotlight



David C.

This month's Resident Spotlight shines on David. He has lived here at Sweetbriar since the summer of 2023. He was born in Washington and moved to Medford, OR, later in his youth. David worked at Columbia Distributing where he did driving and delivering. His interests include watching TV, listening to music, and tinkering. He enjoyed skiing in his younger years. We are so glad to have you here with us, David! You are so loved!

Team Member Spotlight



Kendra L. — Med Tech/Caregiver

This month's Team Member Spotlight shines on Kendra! Kendra has worked at Sweetbriar Villa since January of 2023 on NOC shift! She was born and raised here in Springfield. When she's not at work, you can find her spending time with her four-year-old daughter Pyper, who is her pride and joy, or her wonderful boyfriend Andrew. She enjoys cooking, playing video games, and spending time with her friends and family. Thank you so much for everything you do here, Kendra!

moments captured



Veterans Day: On November 11th, we got to celebrate three very special men in our community. We honored them via Pinning Ceremony as a thank you for their sacrifices to our country and freedom.



Headed into the Holidays: The season is upon us and the activities and outings are ample! Above at left is Gisela enjoying a donut on National Donut Day! At right, we have Gretchen, David, Michelle, and Nita enjoying some hot cocoa at the Herricks Farm Pumpkin Patch! Look how fun David, Michelle, and Nita look in their completely unplanned matching flannels!

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December 2024

Sweetbriar Villa Bulletin

Assisted & Memory Care | 6135 E Street | Springfield, OR 97478 | 541-225-0200



HAPPY Birthday

Residents

- Randy L.—12/7
- Barbara R.—12/10
- Nita S.—12/14

Staff

- Nicole H.—12/1
- Tammie J.—12/5
- Kim D.—12/10

A Note from the Executive Director



Nicole Hampl,
Executive Director

Happy Holidays Everyone!

It has been a wonderful year here at Sweetbriar and we are grateful for all of our residents and their friends and family who made it so!

I want to take a moment to give a shout out of gratitude to the team here at Sweetbriar who has contributed so much to the warm atmosphere here. Thank you all for your hard work.

We are looking forward to a joyous holiday season ahead leading into 2025! We hope that you will join us for some of the fun entertainment we have planned this month, that you will see on our calendar. Our Resident Holiday Party is on Dec. 20th at 11 am!

We wish everyone a warm, safe December filled with love and joy.

Sincerely,
Nicole

DECEMBER 2024

Sweetbriar Villa • 6135 'E' St., Springfield, OR 97478 • 541-225-0200

SUN	MON	TUE	WED	THU	FRI	SAT	
1 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	2 9:30 Music With Phil 10:30 Bible Study 11:00 Chair Yoga 1:00 Whisk Wonders with Michelle 2:00 Manicures 3:00 Bingo 4:00 Chair Yoga	3 9:30 Christmas Trivia 10:00 Coloring Social 11:00 Chair Yoga 1:00 Movie & Popcorn 2:00 Movie Discussion 3:00 Bingo 4:00 Residents' Choice 7:30 Carolers from local youth group	4 9:30 Chair Yoga 10:00 Cards & Coffee 11:00 Beading 1:00 Short Story Hour 2:00 Karaoke/Sing Along 3:00 Bingo 4:00 Residents' Choice	5 9:30 Balloon Ball 10:00 Puzzles & Coffee 11:00 Chair Yoga 1:00 Book Club 2:00 Collage Craft 3:00 Bingo 4:00 Residents' Choice	6 9:30 Chair Yoga 10:00 Garden Club 11:00 Coloring Social 1:00 Free Write Group 2:00 Winter Craft 3:00 Bingo 4:00 Karaoke/Sing Along	7 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In Groups	
8 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	9 9:30 Music With Phil 10:30 Bible Study 11:00 Chair yoga 1:00 Whisk Wonders with Michelle 2:00 Resident Council 3:00 Bingo 4:00 Chair Yoga	10 9:30 Christmas Crosswords 10:00 Coloring Social 11:00 Chair Yoga 1:00 Movie & Popcorn 2:00 Movie Discussion 3:00 Bingo 4:00 Residents' Choice	11 9:30 Chair Yoga 10:00 Cards & Coffee 11:00 Needlepoint Group 1:00 Short Story Hour 2:00 Spa Day with Chandra from Bristol 3:00 Bingo 4:00 Residents' Choice	12 11:00 Puzzles & Coffee 1:00 Daily Chronicles 2:00 Collage Craft 3:00 Bingo 4:00 Residents' Choice 6:30 Ginger Bread House Making w/ The Girl Scouts	13 National Violin Day 11:00 Coloring Social 1:00 Residents' Birthday Party 2:00 Winter Craft 3:00 Bingo 4:00 Residents' Choice 6:30 Wood Wind Trio	14 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In Groups	
15 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	16 9:30 Music With Phil 10:30 Bible Study 11:00 Chair Yoga 1:00 Manicures 2:30 Timothy Patrick Performance 3:00 Bingo 4:00 Chair Yoga Christmas Lights Outing	17 9:30 Christmas Trivia 10:00 Coloring Social 11:00 Chair Yoga 1:00 Movie & Popcorn 2:00 Movie Discussion 3:00 Bingo 4:00 Residents' Choice	18 9:30 Chair Yoga 10:00 Cards & Coffee 11:00 Beading 1:00 Short Story Hour 2:00 Karaoke/Sing Along 3:00 Bingo 4:00 Residents' Choice Christmas Lights Outing	19 9:30 Balloon Ball 10:00 Puzzles & Coffee 11:00 Chair Yoga 1:00 Collage Craft 2:00 Sing Along with Cindy and Theresa 3:00 Bingo 4:00 Residents' Choice	20 9:30 Chair yoga 10:00 Garden Club 11:00 Resident Holiday Party 1:00 Free Write group 2:00 Winter Craft 3:00 Bingo 4:00 Karaoke/Sing along	21 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In Groups	
22 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	23 9:30 Music With Phil 10:30 Bible Study 11:00 Chair Yoga 1:00 Whisk Wonders with Michelle 2:00 Manicures 3:00 Bingo 4:00 Chair Yoga	24 Christmas Eve 9:30 Christmas Crosswords 10:00 Coloring Social 11:00 Chair Yoga 1:00 Movie & Popcorn 2:00 Movie Discussion 3:00 Bingo 4:00 Residents' Choice Pajama Day!!!	25 Christmas Day 9:30 Chair Yoga 10:00 Cards & Coffee 11:00 Needlepoint Group 1:00 Short Story Hour 2:00 Karaoke/Sing Along 3:00 Bingo 4:00 Residents' Choice Hanukkah Begins	26 Kwanzaa Begins 9:30 Balloon Ball 10:00 Puzzles & Coffee 11:00 Chair Yoga 2:00 Collage Craft 3:00 Bingo 4:00 Residents' Choice	27 9:30 Chair yoga 10:00 Garden Club 11:00 Coloring social 1:00 Free Write group 2:00 Winter Craft 3:00 Bingo 4:00 Karaoke/Sing along	28 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In Groups	
29 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	30 National Bacon Day 9:30 Music With Phil 10:30 Bible Study 11:00 Chair Yoga 1:00 Whisk Wonders with Michelle 2:00 Randy Byrnes 3:00 Bingo 4:00 Chair Yoga	31 New Year's Eve 9:30 New Year's Trivia 10:00 Coloring social 11:00 Chair Yoga 1:00 Movie & Popcorn 2:00 Movie Discussion 4:00 Residents' Choice					



SWEETBRIAR VILLA



December 2024 upcoming events

- 12/3 Carolers at 7:30 PM
- 12/9 Resident Council at 2 PM
- 12/11 Spa Day with Chandra from Bristol at 2 PM in Family Room
- 12/12 Gingerbread House Making at 1 PM in the Dining Room
- 12/13 Wood Wind Trio at 6:30 PM
- 12/16 Timothy Patrick Performs at 2:30 PM
- 12/16 & 12/18 Holiday Lights Outing After Dinner
- 12/19 Sing with Cindy and Theresa at 2 PM
- 12/20 Resident Holiday Party at 11 AM
- 12/30 Randy Byrnes Performs at 2 PM



Our mission is to create and maintain comfortable, caring environments for those who depend on us.